

## GUÍA DE TALLAS PARA CAMISETAS Y CHAQUETAS DE HOMBRE

[TALL/LONG & SHORT SIZES](#)

[CONVERSOR DE TALLAS](#)

[CÓMO SABER TU TALLA](#)

|          |    |
|----------|----|
| Pulgadas | cm |
|----------|----|

| Etiqueta       | XS         | S          | M           | L            | XL           | 2XL          | 3XL          |
|----------------|------------|------------|-------------|--------------|--------------|--------------|--------------|
| <b>Pecho</b>   | 83 - 86 cm | 87 - 92 cm | 93 - 100 cm | 101 - 108 cm | 109 - 118 cm | 119 - 130 cm | 131 - 142 cm |
| <b>Cintura</b> | 71 - 74 cm | 75 - 80 cm | 81 - 88 cm  | 89 - 96 cm   | 97 - 106 cm  | 107 - 119 cm | 120 - 132 cm |
| <b>Cadera</b>  | 82 - 85 cm | 86 - 91 cm | 92 - 99 cm  | 100 - 107 cm | 108 - 116 cm | 117 - 125 cm | 126 - 135 cm |

## GUÍA DE TALLAS MUJER

*ESTÁNDAR*

|          |    |
|----------|----|
| Pulgadas | cm |
|----------|----|

| Etiqueta       | 2XS (26-28) | XS (30-32) | S (34-36) | M (38-40)  | L (42-44)   | XL (46-48)  | XXL (50-52) |
|----------------|-------------|------------|-----------|------------|-------------|-------------|-------------|
| <b>Pecho</b>   | 73 - 76cm   | 77 - 82cm  | 83 - 88cm | 89 - 94cm  | 95 - 101cm  | 102 - 109cm | 110 - 118cm |
| <b>Cintura</b> | 57 - 60cm   | 61 - 66cm  | 67 - 72cm | 73 - 78cm  | 79 - 85cm   | 86 - 94cm   | 95- 104cm   |
| <b>Cadera</b>  | 82 - 85cm   | 86 - 91cm  | 92 - 97cm | 98 - 103cm | 104 - 110cm | 111 - 117cm | 118 - 125cm |

## GUÍA DE TALLAS PARA PANTALONES DE HOMBRE

[TALL/LONG & SHORT SIZES](#)

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|          |    |
|----------|----|
| Pulgadas | cm |
|----------|----|

| Etiqueta       | XS         | S          | M          | L            | XL           | 2XL          | 3XL          |
|----------------|------------|------------|------------|--------------|--------------|--------------|--------------|
| <b>Cintura</b> | 71 - 74 cm | 75 - 80 cm | 81 - 88 cm | 89 - 96 cm   | 97 - 106 cm  | 107 - 119 cm | 120 - 132 cm |
| <b>Cadera</b>  | 82 - 85 cm | 86 - 91 cm | 92 - 99 cm | 100 - 107 cm | 108 - 116 cm | 117 - 125 cm | 126 - 135 cm |
| <b>Tiro</b>    | 81 cm      | 81.5 cm    | 82 cm      | 82.5 cm      | 83cm         | 82.5cm       | 82 cm        |

## GUÍA DE TALLAS ALFA + COPA PARA SUJETADORES

El tallaje en sistema Alfa + Copa amplía el rango de tallas tradicionales (S, M, etc.) y las combina con los distintos tamaños de copa (A-C o D-D) para ofrecer un ajuste específico que se adapte a tus necesidades.

Busca tu talla de sujetador habitual en nuestra tabla para saber qué talla de sujetador adidas se ajusta mejor a ti.

| TALLA DE SUJETADOR | A           | B       | C              | D               | E                | F                | G        |
|--------------------|-------------|---------|----------------|-----------------|------------------|------------------|----------|
| 70                 | -           | XXS A-C | XXS A-C        | XXS A-C         | XXS D-DD         | XXS D-DD         | XXS D-DD |
| 75                 | XXS A-C     | XXS A-C | XXS A-C/XS A-C | XXS D-DD/XS A-C | XXS D-DD/XS D-DD | XS D-DD          | XS D-DD  |
| 80                 | XS A-C      | XS A-C  | XS A-C         | XS D-DD         | XS D-DD          | XS D-DD/S D-DD   | S D-DD   |
| 85                 | S A-C       | S A-C   | S A-C          | S D-DD          | S D-DD           | S D-DD           | M D-DD   |
| 90                 | S A-C/M A-C | M A-C   | M A-C          | M A-C/M D-DD    | M D-DD           | M D-DD           | M D-DD   |
| 95                 | M A-C       | L A-C   | L A-C          | L A-C/L D-DD    | L D-DD           | L D-DD           | L D-DD   |
| 100                | L A-C       | L A-C   | XL A-C         | L D-DD          | L D-DD/XL D-DD   | XL D-DD          | XL D-DD  |
| 105                | XL A-C      | XL A-C  | XL A-C/XXL A-C | XL D-DD         | XL D-DD          | XL D-DD/XXL D-DD | XXL D-DD |
| 110                | XL A-C      | XXL A-C | XXL A-C        | XL A-C/XXL D-DD | XXL D-DD         | XXL D-DD         | -        |

## GUÍA DE TALLAS PARA BAÑADORES DE MUJER

### CONVERSOR DE TALLAS

### CÓMO SABER TU TALLA

| Etiqueta | 26     | 28     | 30     | 32     | 34     | 36     | 38     |
|----------|--------|--------|--------|--------|--------|--------|--------|
| Pecho    | 73,00  | 76,00  | 79,00  | 82,00  | 85,00  | 88,00  | 91,00  |
| Cintura  | 57,00  | 60,00  | 63,00  | 66,00  | 69,00  | 72,00  | 75,00  |
| CADERA   | 82,00  | 85,00  | 88,00  | 91,00  | 94,00  | 97,00  | 100,00 |
| TRONCO   | 148,75 | 150,00 | 151,25 | 152,50 | 154,13 | 155,75 | 157,25 |

| Etiqueta | 40     | 42     | 44     | 46     | 48     | 50     | 52     |
|----------|--------|--------|--------|--------|--------|--------|--------|
| Pecho    | 94,00  | 97,50  | 101,00 | 105,00 | 109,00 | 113,50 | 118,00 |
| Cintura  | 78,00  | 81,50  | 85,00  | 89,50  | 94,00  | 99,00  | 104,00 |
| CADERA   | 103,00 | 106,50 | 110,00 | 113,50 | 117,00 | 121,00 | 125,00 |
| TRONCO   | 158,75 | 160,13 | 161,50 | 163,63 | 165,75 | 168,38 | 171,00 |

# GUÍA DE TALLAS PARA CALZADO DE HOMBRE Y MUJER

## CÓMO SABER TU TALLA

|          |    |
|----------|----|
| Pulgadas | cm |
|----------|----|

| Medida del pie | 22.1 cm   | 22.5 cm  | 22.9 cm  | 23.3 cm   | 23.8 cm  | 24.2 cm  | 24.6 cm   |
|----------------|-----------|----------|----------|-----------|----------|----------|-----------|
| EU             | 36        | 36 2/3   | 37 1/3   | 38        | 38 2/3   | 39 1/3   | 40        |
| ES             | 35 Normal | 36 Corto | 36 Largo | 37 Normal | 38 Corto | 38 Largo | 39 Normal |
| UK             | 3.5       | 4        | 4.5      | 5         | 5.5      | 6        | 6.5       |
| US - Hombre    | 4         | 4.5      | 5        | 5.5       | 6        | 6.5      | 7         |
| US - Mujer     | 5         | 5.5      | 6        | 6.5       | 7        | 7.5      | 8         |

| Medida del pie | 25.0 cm  | 25.5 cm   | 25.9 cm  | 26.3 cm  | 26.7 cm   | 27.1 cm  | 27.6 cm  |
|----------------|----------|-----------|----------|----------|-----------|----------|----------|
| EU             | 40 2/3   | 41 1/3    | 42       | 42 2/3   | 43 1/3    | 44       | 44 2/3   |
| ES             | 40 Corto | 40 Normal | 41 Corto | 41 Largo | 42 Normal | 43 Corto | 43 Largo |
| UK             | 7        | 7.5       | 8        | 8.5      | 9         | 9.5      | 10       |
| US - Hombre    | 7.5      | 8         | 8.5      | 9        | 9.5       | 10       | 10.5     |
| US - Mujer     | 8.5      | 9         | 9.5      | 10       | 10.5      | 11       | 11.5     |

| Medida del pie | 28.0 cm   | 28.4 cm  | 28.8 cm   | 29.3 cm  | 29.7 cm   | 30.1 cm  | 30.5 cm   |
|----------------|-----------|----------|-----------|----------|-----------|----------|-----------|
| EU             | 45 1/3    | 46       | 46 2/3    | 47 1/3   | 48        | 48 2/3   | 49 1/3    |
| ES             | 44 Normal | 45 Corto | 45 Normal | 46 Corto | 46 Normal | 47 Corto | 47 Normal |
| UK             | 10.5      | 11       | 11.5      | 12       | 12.5      | 13       | 13.5      |
| US - Hombre    | 11        | 11.5     | 12        | 12.5     | 13        | 13.5     | 14        |
| US - Mujer     | 12        | 12.5     | 13        | 13.5     | 14        | 14.5     | 15        |

| Medida del pie | 5 cm   | 31.0 cm  | 31.4 cm   | 31.8 cm  | 32.6 cm   | 33.5 cm  | 34.3 cm   | 35.2 cm  |
|----------------|--------|----------|-----------|----------|-----------|----------|-----------|----------|
| EU             | 1/3    | 50       | 50 2/3    | 51 1/3   | 52 2/3    | 53 1/3   | 54 2/3    | 55 2/3   |
| ES             | Normal | 48 Corto | 48 Normal | 49 Corto | 49 Normal | 50 Corto | 50 Normal | 51 Corto |
| UK             | 3.5    | 14       | 14.5      | 15       | 16        | 17       | 18        | 19       |
| US - Hombre    | 14     | 14.5     | 15        | 16       | 17        | 18       | 19        | 20       |
| US - Mujer     | 15     | 15.5     | --        | --       | --        | --       | --        | --       |

Niñas y niños pequeños de 0 a 3 años [Comprar](#)

|          |                                 |
|----------|---------------------------------|
| Pulgadas | <input type="text" value="cm"/> |
|----------|---------------------------------|

| Etiqueta | 0 meses   56 | 0-3 meses   62 | 3-6 meses   68 | 6-9 meses   74 | 9-12 meses   80 | 12-18 meses   86 | 1-2 años   92 | 2-3 años   98 |
|----------|--------------|----------------|----------------|----------------|-----------------|------------------|---------------|---------------|
| ESTATURA | 51 - 56 cm   | 57 - 62 cm     | 63 - 68 cm     | 69 - 74 cm     | 75 - 80 cm      | 81 - 86 cm       | 87 - 92 cm    | 93 - 98 cm    |
| Pecho    | 38.5 cm      | 43 cm          | 45.5 cm        | 47 cm          | 49.5 cm         | 51 cm            | 52.5 cm       | 54.5 cm       |
| Cintura  | 38.5 cm      | 43 cm          | 45 cm          | 46.5 cm        | 49 cm           | 50 cm            | 50.5 cm       | 52.5 cm       |
| Cadera   | 37 cm        | 42 cm          | 45 cm          | 47.5 cm        | 50 cm           | 51.5 cm          | 53 cm         | 56 cm         |
| Tiro     | 19.1 cm      | 21.75 cm       | 24.25 cm       | 27 cm          | 31.12 cm        | 34.5 cm          | 38 cm         | 41 cm         |

Niñas y niños de 4 a 7 años [Comprar](#)

|          |                                 |
|----------|---------------------------------|
| Pulgadas | <input type="text" value="cm"/> |
|----------|---------------------------------|

| Etiqueta | 3-4 años   104 | 4-5 años   110 | 5-6 años   116 | 6-7 años   122 |
|----------|----------------|----------------|----------------|----------------|
| ESTATURA | 99 - 104 cm    | 105 - 110 cm   | 111 - 116 cm   | 117 - 122 cm   |
| Pecho    | 56 cm          | 58 cm          | 60.5 cm        | 63 cm          |
| Cintura  | 54.5 cm        | 55 cm          | 56 cm          | 57 cm          |
| Cadera   | 60 cm          | 62 cm          | 64 cm          | 66 cm          |
| Tiro     | 45.5 cm        | 49.5 cm        | 52 cm          | 56 cm          |